

Health and Travel Insurance Information:

Students are required to provide proof of health and travel coverage for their entire international exchange/placement.

Requirements:

- Overall Coverage of up to \$1 million
- Repatriation of remains
- Accidental death and dismemberment
- Emergency medical services
- Coverage for COVID-19 (recommended)

Finding a Provider:

- Students are free to choose any insurance provider that they wish, granted that their purchased plan meets the above mentioned requirements
- The UR Study Abroad office has a partnership with GuardMe insurance, which provides policies that meet the above mentioned requirements. More information at: <https://www.guard.me/uregina>
- Other providers that students have used include: SunLife, Canada Life, BlueCross, CAA

Existing Coverage:

- Students are encouraged to see if they qualify for coverage under their parents' / guardians' or spouse's coverage plans as well.
- Students are advised to check in with URSU to determine if they have international health insurance coverage under their student plan. Students can find more information at: http://studentcare.ca/View.aspx?locale=en&uid=UniversityofReginaFirstNationsUniversityURSU_Home&

Saskatchewan Provincial Health Care:

- Outside of Canada coverage can be found at: <https://www.saskatchewan.ca/residents/health/prescription-drug-plans-and-health-coverage/health-benefits-coverage/out-of-province-and-out-of-canada-coverage#out-of-canada-hospital-services>
- Please note, costs for hospital services outside of Canada may be higher than in Saskatchewan.