



University
of Regina

Kinesiology &
Health Studies
Facility Operations

FITNESS CENTER ATTIRE POLICY

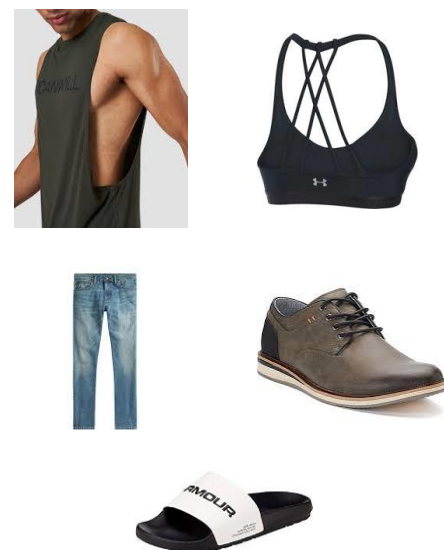
In an effort to promote safety, reduce the spread of communicable diseases, and prevent additional wear and tear on the equipment, all participants are asked to wear appropriate athletic clothing while working out or participating in activities. Participants not wearing appropriate clothing will be told to adjust as required.

YES



- Closed-toed athletic shoes with non-marking soles are required in all activity spaces.
- Tank tops that cover the back, chest, sides and abdomen are required.
- T-shirts, tank tops, yoga pants, athletic pants, athletic shorts and/or sweat pants are permitted.
- Clothing cannot contain offensive words or pictures.

NO



Jeans, pants or shorts with rivets/buttons are not permitted in the FLC. These items can rip the upholstery on the equipment and cause unnecessary wear and tear.

Facilities Services personnel reserve the right to restrict the use of any clothing deemed in violation of these requirements.