Experiencing COVID-19 like symptoms?

Start Here

Do not come to campus, or leave immediately if on campus. If you live on campus in shared accommodations, notify Housing Services and temporary accommodations will be arranged.

Inform your supervisor/instructor that you are ill.

Take a Rapid Antigen test.

Testing kits are available on the UofR main campus at Campus Security (RI 120)

POSITIVE (Rapid Antigen or PCR test)

You are encouraged to report your illness to Health, Safety & Wellness at health.safety@uregina.ca or click here to access our Illness Report

Continue to self-isolate as recommended by the Saskatchewan Health Authority current guidelines provided HERE

Call 811 if your symptoms have not improved.

If you live on campus in shared accommodations, notify Housing Services and temporary accommodations will be arranged.

Inform your supervisor/instructor that you are ill.

Take a Rapid Antigen test.

Testing kits are available on the UofR main campus at Campus Security (RI 120)

Did 811 advise you to get a PCR test?

Yes

Negative

Call 811

No

Stay at home for as long as advised by SHA. Repeat regular rapid testing.

Yes

Have your symptoms improved for more than 48 hours and you have no fever?

Yes

Continue to self-isolate as recommended by the Saskatchewan Health Authority current guidelines provided HERE

No

Call 811 if your symptoms have not improved.

Symptoms may include one or more of the following:
- Fever
- Chills
- Headache
- Cough
- Fatigue
- Muscle/joint aches
- Nausea/vomiting
- Diarrhea
- Conjunctivitis
- Shortness of breath
- Difficulty breathing
- Sore throat
- Runny nose
- Nasal congestion
- Loss of appetite
- Decreased appetite
- Altered sense of smell and/or taste
- Dizziness

SHA – Saskatchewan Health Authority
HSW – U of R Health Safety & Wellness

All information shared with HSW is kept strictly confidential.