**University of Regina**
**COVID-19 Illness Flowchart for Students, Faculty, and Staff**

**Experiencing COVID-like symptoms**

- Do not come to campus, or leave immediately if on campus. If you live on campus in shared accommodations, notify Housing Services and temporary accommodations will be arranged.
- Inform your supervisor/instructor that you are ill.

**Start Here**

- If available, take a Rapid Antigen Test
- Did 811 advise you to get a PCR test?
  - No: Stay at home for as long as advised by SHA. Repeat regular rapid testing.
  - Yes: POSITIVE (Rapid Antigen or PCR test)
    - You MUST report your illness to Health, Safety & Wellness at health.safety@uregina.ca or click here to access our Illness Report
    - Continue to self-isolate as recommended by the Saskatchewan Health Authority current guidelines provided HERE
  - Negative: Call 811

**Symptoms may include one or more of the following:**
- Fever
- Chills
- Headache
- Cough
- Fatigue
- Muscle/joint aches
- Nausea/vomiting
- Diarrhea
- Conjunctivitis
- Shortness of breath
- Difficulty breathing
- Sore throat
- Runny nose
- Nasal congestion
- Loss of appetite
- Decreased appetite
- Altered sense of smell and/or taste
- Dizziness

**SHA** – Saskatchewan Health Authority
**HSW** – U of R Health Safety & Wellness

All information shared with HSW is kept strictly confidential.

23 June 2022