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In this unusual time of COVID-19 with most of us continuing to work from home, isolated from colleagues and students, it is heartening to look back at the exciting developments that have occurred at the SPRC in the last year. It’s been a busy year for the SPRC with many transitions and changes. In September, we said goodbye to Colleen Hamilton who provided many years of research support to the SPRC. At the end of December, Dr. Bonnie Jeffery stepped down as Director at the SPRC. We will miss having Bonnie at the helm but are buoyed by her continued involvement as an SPRC Research Associate. I want to send my deepest thank you to Colleen and Bonnie for their time and dedication to the SPRC. They are both foundational to the Research Centre and have ensured its continued existence over the years.

In this time of transition, we welcomed Courtney Stange who joined us as our Research Administrator. Courtney comes to us from Mount Royal University’s Institute for Environmental Sustainability where she worked as a Research Coordinator. Courtney brings amazing organizational skills and research experience and we feel very lucky to have her. In the short time since joining us, she has helped faculty prepare numerous grant applications and has been working hard to update and refresh our website and Internet presence. With Courtney’s help, the SPRC started a monthly Lunch & Learn series this year, that was well attended by students, faculty, and professionals in the community. We look forward to continuing this series virtually in the fall. Despite all of the challenges presented by the global pandemic, our Research Associates have been incredibly busy, conducting research safely, publishing articles and reports, and securing grants.

In the upcoming year we aim to develop our own strategic plan to align with the University of Regina’s Strategic Plan and the Faculty of Social Work’s forthcoming strategic plan. We look forward to working with the incoming Associate Dean of Research and Graduate Studies to collaborate on ways to support research and research dissemination in our faculty. Additionally, we plan to develop formal mentoring and training opportunities for our undergraduate and graduate students in an effort to foster and cultivate interest and participation in research. I am excited to see what the next year brings, and wish everyone continued health and well-being.

DR. KARA FLETCHER
Our Research Principles

To facilitate social policy and practice research that promotes social justice and fosters individual, family and community development

To support social justice and equity research that focuses on marginalized and oppressed groups

To support research that focuses on community-engagement and research-to-action through informing changes in policy and practice

SPRC Research Associates

Dr. Darlene Chalmers  Dr. Nuelle Novik
Dr. Kara Fletcher  Dr. Gabriela Novotna
Dr. Amanda Gebhard  Dr. Funke Oba
Dr. Charles Gyan  Dr. Fritz Pino
Dr. Bonnie Jeffery  Dr. Miguel Sanchez
Dr. Randy Johner  Dr. Raven Sinclair
Dr. Daniel Kikulwe  Dr. Ailsa Watkinson
Dr. Lise Milne  Dr. Judy White
OUR PERFORMANCE

The SPRC has four main components outlined in our foundation document to evaluate our performance. The following four components encompass the requirements of The University of Regina's policy on annual reporting for faculty-based research centres.

Level of Research Activity

- Research Funding: Grants and Contracts

Impacts on Scholarship

- Research opportunities for students and development of innovative teaching tools

Impacts on Research Capacity

- Research publications, presentations and workshops

Impacts on Society, Practice, and Policy

- Partnerships, projects, and media coverage.
SPRC Research Associates are involved in a number of research projects. Performance metrics for this category include funding statistics regarding external and internal grants as well as the total number of applications submitted each year.

We institute voluntary reporting of research activities. Our data may not capture the full number of grant applications submitted. We continue to encourage our Research Associates to share all research activities with us so we can continue to support them.

**MAY 1, 2019 - APRIL 30, 2020**

- **24** applications submitted
- **13** funding organizations
- **17** new grants
- **$5,387,090** combined new research dollars
- **23** ongoing/recently completed grants
The following chart reflects data from May 1, 2019 to April 30, 2020 and includes statistics regarding the number of applications submitted, funded, pending results, ongoing and completed projects within the time frame.
<table>
<thead>
<tr>
<th>Grant Description</th>
<th>$</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fletcher, K. (Pl), <em>Pilot project on advance requests for Medical Aid in Dying</em>, Dying with Dignity August 2019 – June 2020</td>
<td>$10,300</td>
<td>SPRC</td>
</tr>
<tr>
<td>Fletcher, K. (Supervisor), – matched with a student to complete a project on technology and couple attachment, MITACs Globalink June 2019 – August 2019</td>
<td>12 weeks student funding</td>
<td></td>
</tr>
<tr>
<td>Jeffery, B. (Pl), <em>Interventions to Enhance Social Inclusion for Older Adults with Dementia in Saskatchewan</em>, New Horizons for Seniors, Employment and Social Development Canada, 2019 – 2024</td>
<td>$3,000,000</td>
<td>SPHERU</td>
</tr>
<tr>
<td>Jeffery, B. (Pl), <em>Interventions to Enhance Social Inclusion for Older Adults with Dementia in Saskatchewan</em>, Vice-President Research Office, University of Regina, 2019 – 2024</td>
<td>$25,000</td>
<td>SPHERU</td>
</tr>
<tr>
<td>Milne, L. (Co-I), <em>A One-Year Series of Outreach Activities on Childhood Complex Trauma: Developing a Cohesive Intersectoral Approach to Trauma-Informed Child &amp; Youth Services</em>, SSHRC Connection Grant, 2019 – 2020</td>
<td>$50,000</td>
<td>McGill</td>
</tr>
<tr>
<td>Milne, L. (Pl), <em>Seed funding for a Tri-Council Agency grant application on implementing and testing the Neurosequential Model of Therapeutics in a group care facility</em>, McGill Centre for Research on Children and Families Seed Grant, 2019 – 2020</td>
<td>$5,000</td>
<td>SPRC</td>
</tr>
<tr>
<td>Milne, L. (Pl), <em>Determining the supports needed for group home workers to provide trauma-informed care to children and adolescents</em>, SSHRC/University of Regina President’s Fund Research Seed Grant, 2019 – 2021</td>
<td>$4,975</td>
<td>SPRC</td>
</tr>
<tr>
<td>Grant Description</td>
<td>$</td>
<td>Location</td>
</tr>
<tr>
<td>----------------------------------------------------------------------------------</td>
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</tr>
<tr>
<td>Milne, L. (PI), Determining the supports needed for group home workers to provide trauma-informed care to children and adolescents, McGill Centre for Research on Children and Families RBC Training Fellowship, 2019 - 2021</td>
<td>$5,000</td>
<td>SPRC</td>
</tr>
<tr>
<td>Milne, L. (Co-PI), Creating a Digital Connections Hub to Support Children in Care in Saskatchewan During COVID-19 and Beyond, SHRF Research Connections COVID-19 Rapid Response Program, 2020</td>
<td>$10,000</td>
<td>CTRC</td>
</tr>
<tr>
<td>Milne, L. (PI), Foundation-Building for a Trauma-Informed Approach to Improving the Well-Being of Adolescents and Workers in Group Care Contexts, SSHRC Partnership Engage Grant, 2020 - 2021</td>
<td>$21,466</td>
<td>SPRC</td>
</tr>
<tr>
<td>Pino, F. (Co-I), An Exploratory Qualitative Study of Migration, Sexual health, and HIV/STBBI in Manitoba, CIHR Catalyst Grant for HIV/AIDS and STBBI Community-Based Research, March 2020 - February 2021</td>
<td>$40,000</td>
<td>U of M</td>
</tr>
<tr>
<td>Sanchez, M. (PI), Faculty of Social Work Refugee Children Summer Program, Government of Canada Immigration, Refugees and Citizenship Canada, June 2019 - December 2019</td>
<td>$40,000</td>
<td>FSW</td>
</tr>
<tr>
<td>Sinclair, R. (Co-I), Creating Safe Paths for Indigenous Women, Girls, and LGBTQ2SA + Individuals in Edmonton and Area, CIHR Planning Grant, 2020 - 2021</td>
<td>$75,000</td>
<td>Creating Hope Society of AB</td>
</tr>
<tr>
<td>Sinclair, R. (Co-I), Indigenous Knowledge Development Centres with a focus on Wellness – miyo-pimâtisiwin, CIHR Project Grant, 2019 - 2023</td>
<td>$1,126,462</td>
<td>U of S</td>
</tr>
<tr>
<td>Sinclair, R. (Co-I), Wuniska! Indigenous Centre on HIV/HCV/STBBI Inequities, CIHR Project Grant, 2019 - 2024</td>
<td>$1,010,887</td>
<td>U of S</td>
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IMPACTS ON RESEARCH CAPACITY

SPRC Research Associates contribute to the University of Regina's research capacity through hiring and training research staff to assist with conducting their research projects in various aspects. Research staff includes, undergraduate students, graduate students and community researchers. Our Research Associates also continue to contribute to developing new courses and teaching tools both at the graduate and undergraduate level.

Performance metrics within this category include statistics related to number of research staff, course development and graduate student interest in research.

MAY 2019 - APRIL 2020

$181,500 PAID TO RESEARCH STAFF WITH PROJECT FUNDING

13 STUDENT RESEARCH ASSISTANTS

12 PROJECT STAFF

2 CO-OP STUDENTS
"The best three months of my life.

Last year, from June to August, I have worked with Professor Kara Fletcher in a big, important, and super fun project. It was about the impact of technology on romantic relationships and for that, we did not one, but three pieces of research.

For the first one, we interviewed 44 people, who thought that technology was impacting their relationship somehow. We transcribed and analyzed qualitatively all the data. We found really interesting results regarding both good and bad impacts.

For the second, we have done therapy sessions with one volunteer couple. There were several sessions that we also analyzed. And the last but not the least, we went through all the related literature in order to make a scoping review. We read abstracts and together we decided the articles that would be part of this third study.

I have learned a lot. I improved my English skills by talking on the phone and transcribing all the interviews. I improved my Psychologist skills by participating in the therapy sessions. I improved my academic skills by reading and summing up all those articles. But this amazing research was not the only responsible for everything.

Living abroad has always been my biggest desire, but I couldn’t know it would be such a unique experience. I have met people all over the world and I know we will always be friends. I have gone to so gorgeous places I couldn’t even imagine. I have achieved so many dreams that I will never be grateful enough.

Thank you, Professor Kara, for having chosen me to be your intern. Thank you, University of Regina for all the support. Thank you, Mitacs for this amazing program. Much more than improving my CV, you all have changed my life. Canada is now part of me, forever."

MARINA PIRAN - BRAZIL
The Faculty of Social Work at the University of Regina has a competitive Master’s program in which students can select one of three streams: Thesis, Field Practicum and Research Practicum. The SPRC is working on boosting our support for students including recruitment for Research Assistants and training for students such as conducting literature reviews and using NVivo.

In Spring 2019 the MSW program convocated 9 students and 14 MSW students convocated in Fall 2019. Of those graduates, 5 completed the Thesis program and 8 completed a Research Practicum.

This year, 13 students will begin the MSW program in Saskatoon and 12 students will begin the MSW program in Regina.

SPRC Research Associates are active within the Scholarship of Teaching and Learning field and continually work to enhance the Social Work program through the University of Regina. For example, Dr. Lise Milne and Dr. Kara Fletcher received funding for 2018 - 2020 through the Distributed Distance Learning Committee (DDLC) at the University of Regina for the project, *Evaluating Learning for Social Work and Justice Studies Practicum Seminars*. The objectives of this research were to develop a deeper understanding of the experiences of undergraduate practicum students in the Faculties of Social Work and Justice Studies completing their seminar in face-to-face, blended and online forums; to compare the experiences of students using classroom-based and live online formats, and use this information to enhance online practicum experiences for future undergraduate students by ensuring the integration of appropriate pedagogical design, thoughtful integration of student collaboration opportunities and evaluation into online courses.
SPRC Research Associates continue to conduct high quality research and contribute to their own scholarship through publishing research articles and disseminating research findings at conferences, workshops and other venues.

Performance metrics within this category include statistics related to research publications, conference presentations, workshops and research related awards.

**Research Dissemination 2019 - 2020**

- Publications/Reports: 40
- Conference Presentations: 30
- Invited Talks/Other Presentations: 20


Fletcher, K., King, J., Kemp, D., Glum, S., & Taylor, K. (Submitted). Bringing research to practice: Sharing the successes of a social work research club, *Canadian Journal of Community Mental Health*.


Gebhard, A. (In press). Rethinking Pink Day: Ending the Bullying Catch-All, Our Schools, Ourselves, Canadian Centre for Policy Alternatives.


McIntosh, T., Jeffery, B., & Novik, N. (2019). The social isolation of older adults, a policy-maker community summit: Background paper. Saskatchewan Population Health and Evaluation Research Unit, University of Regina and University of Saskatchewan.


Conference Presentations


Chalmers, D. (October 2019). Bonding behind bars. 16th Biennial Custody and Caring International Conference, Saskatoon, SK.

Fletcher, K. (Accepted 2020). Bringing Research to Direct Practice: A Social Work Research Club in Saskatoon Saskatchewan. 5 slides in 5 minutes, International Conference on Practice Research, Melbourne Australia.


PRESENTATIONS


Nixon, K., Alaggia, R., Jenney, A., & Milne, L. (September 2019). In search of promising approaches: Canadian child protection responses to cases of intimate partner violence (findings from interviews with supervisors and managers). European Conference on Domestic Violence, Oslo, Norway.


Novik, N., Jeffery, B., & McIntosh, T. (2019, November 16). Older Adults and the World Café Approach: Cross-Generational Initiatives in Research and Education, Presented at Gerontological Society of America Annual Scientific Meeting, Austin, TX.


Pino, F. L. (2019, June 5). Putting culturally-relevant interventions to work: Filipinos in the Canadian social work field. 2019 Canadian Association of Social Work Education Conference (CASWE), Congress of the Humanities and Social Sciences, Vancouver, BC.

Souleymanov, R., & Pino, F. L. (2019, May 10). Drug-related harms and “relations of care” within peer-based harm reduction among gay and bisexual men who party-n-play. 28th Annual Canadian Conference on HIV/AIDS Research 2019 (CAHR), Saskatoon, SK.
Invited Talks and Other Presentations


Fletcher, K. Understanding substance use and misuse (March 25th, cancelled due to COVID-19) Invited speaker, Humboldt Association of Social Workers.


Fletcher, K. He sounded angry over text: The impact of technology on couple relationships (February 12, 2020). Invited speaker, City of Saskatoon peer support workers.

Fletcher, K. He sounded angry over text: The impact of technology on couple attachment and relationship functioning (December 11, 2019). Invited speaker series, McGill University, Centre for Research on Children and Families.


Novik, N. (2019, October 3). Debriefing and Self-Care Workshop. UR Pride (staff). Regina, SK.


IMPACTS ON SOCIETY, PRACTICE, AND POLICY

The SPRC co-hosted a panel event with the Department of Politics and International Studies in the Faculty of Arts in November 2019. The SPRC encourages community involvement and many of our Research Associates are engaged in community-based research with multiple partner organizations and researchers. We also began hosting Lunch and Learn events and co-hosted a panel discussion in 2019.

In addition to conducting community-based research and community events, our Research Associates are often highlighted and quoted in media interviews. Performance metrics within this category include community-based events, partnerships and media engagement.

The SPRC co-hosted a panel event with the Department of Politics and International Studies in the Faculty of Arts in November 2019.

Social Revolts in Latin America: Accounts on the streets of Bolivia, Chile and Ecuador from Canada

Massive protest movements have erupted across much of South America over the last two months, as people have criticized their governments, defended against military coups, and opposed neoliberal reforms. Join us for a panel discussion of the protests in Bolivia, Chile, and Ecuador, and the return to militarism that is sweeping the region.

Panel presenters include:
- Lisa North, PhD, Visiting Professor at the Latin American Faculty of Social Sciences and the Universidad Andina Simón Bolívar, Ecuador, and Professor Emerita of Political Science, York University
- Miguel Sánchez, PhD, Associate Dean and Associate Professor, Faculty of Social Work, University of Regina
- Simon Granovsky-Larsen, PhD, Associate Professor, Dept. of Politics and International Studies, University of Regina
- David Gray-Donald, Journalist and Publisher of Briarpatch Magazine

Monday, November 25, 2019
University of Regina 2:30-4:30 pm
Classroom Building CL 126
Zoom: https://zoom.us/j/3066647777
LUNCH & LEARNS

This year, the SPRC began hosting knowledge translation events. Lunch & Learns were held each month from November to February with March and April's events being cancelled due to COVID-19. These events allow the community to learn about current research projects, preliminary results, and allow researchers to disseminate this knowledge to the wider community. The events were hosted on campus in both Regina and Saskatoon, participants were also able to join via Zoom. Lunch & Learn events will continue remotely in September 2020.

Stories from the Front Lines: Sharing Strategies on Conducting Community-Led Research from a 2SLGBTQ Context

Presented by Andrew Hartman

Andrew has a passion for qualitative research and being a conduit for the meaning that peoples’ stories contain. Their talk will focus on community-led research with 2SLGBTQ youth.

Thinking with Queer and Trans Theory: An Exploratory Study on the Experiences of Racialized Transwomen in the Prairies

Presented by Dr. Fritz Pino

Fritz will discuss the process of developing a conceptual framework informed by queer and trans theory. The framework will be used for a pilot study that explores the lived experiences of racialized transwomen in the Canadian prairies such as Saskatchewan, Manitoba, and Alberta. One of the goals of the pilot study is to examine how the sense of belonging among racialized transwomen are impacted by the dominant norms of race, gender, and sexuality that exist in a particular geographical location.

“Sixties Scoop” and the Indigenous Child Welfare System in Canada

Presented By Dr. Raven Sinclair

Dr. Raven Sinclair will be presenting on her research on the “Sixties Scoop” and the Indigenous Child Welfare system in Canada. Raven will talk about her “research as ceremony” journey, she will share some of the insights about child welfare that she has learned, and she will highlight some of the interesting directions into which research is taking her.

Social Work’s Role in Medical Assistance in Dying: Findings from a Cross Canada Scan

Presented By Dr. Kara Fletcher and Dr. Alisa M. Watkinson

This presentation will discuss findings from fifty-seven phone interviews with social workers from across Canada (8 provinces and 1 territory). Social workers were recruited by contacting provincial social work associations and social work practice leads through regional health authorities. The role and level of involvement of social workers in MAID differed by province and in many cases, by institution. Themes of involvement/lack of involvement, advocacy, personal interest, family support, and professional role confusion will be discussed.
MEDIA ENGAGEMENTS


Yorkton This Week. (2020, April 6). Yorkton and surrounding area selected for University of Regina-led dementia project. Yorkton This Week. https://www.yorktonthisweek.com/regional-news/yorkton-and-surrounding-area-selected-for-university-of-regina-led-dementia-project-1.24113402
FINANCIAL STATEMENTS

The SPRC is supported by the Faculty of Social Work at the University of Regina. Our Research Administrator position is funded through the Faculty of Social Work.

The SPRC operates on a small budget which is funded each year through the SPRC Overhead account. The operating funds are used for printing, communications, software, and administrative travel.

Additionally, Research grants held within the SPRC are separated from the operating and overhead funds and are the responsibility of the Principal Investigator on each grant.

<table>
<thead>
<tr>
<th>10000-2375 SPRC Operating</th>
<th>27043-2375 SPRC Overhead</th>
</tr>
</thead>
<tbody>
<tr>
<td>General expenses (printing, phone, software) = $248.81</td>
<td>Transfer to SPRC operating expenses = $914.21</td>
</tr>
<tr>
<td>Travel expenses = $672.33</td>
<td>Transfer to student assistance = $1,875</td>
</tr>
<tr>
<td>Total expenses = $921.14</td>
<td>Total remaining at April 30, 2020</td>
</tr>
<tr>
<td></td>
<td>$41,532.36</td>
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